This cycle route is about 8.5 miles, or 13.7 kilometres, from end to end.

Route on quieter roads recommended by cyclists.
Route signed for cyclists that may be on busier roads.
Provision for cyclists adjacent to busy roads. May be shared with pedestrians.

London Underground station
National Rail station
Station with cycle parking

15th September 2009 – version 4

Merton to City: CS7