



Folded cycles can be taken on any train at any time

Cycles on the Underground and DLR

On weekdays non-folded cycles cannot be taken on any train 07:30 - 09:30 or 16:00 - 19:00, except public holidays.

Cycles on London Overground

- Non-folded cycles may be taken, but not 07:30 - 09:30 or 16:00 - 19:00 on weekdays, except public holidays, apart from:
 - 07:30 - 09:30 on trains leaving Liverpool Street
 - 16:00 - 19:00 on trains arriving at Liverpool Street

Cycles on TfL Rail

- Non-folded cycles cannot be taken Monday-Friday, except public holidays, between:
 - 07:45 - 09:45 on trains arriving at Paddington
 - 16:30 - 19:00 on trains leaving Paddington
 - 07:30 - 09:30 on trains arriving at Stratford or Liverpool Street
 - 16:00 - 19:00 on trains leaving Stratford or Liverpool Street