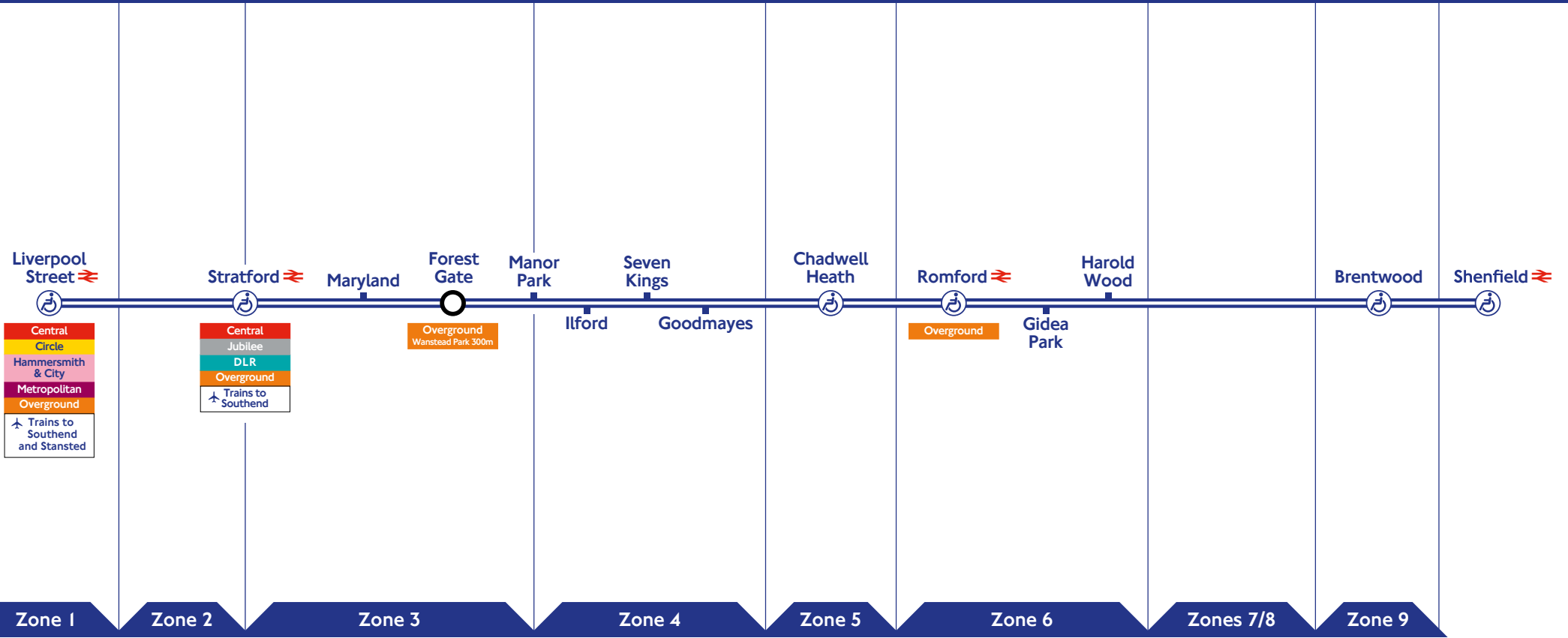


Liverpool Street to Shenfield



Valid from Sunday 9 December 2018 until Saturday 18 May 2019

Service delay refunds

If you've been delayed on a TfL Rail journey, you may be able to claim for a service delay refund.

When we refund for service delays

If your journey was delayed for reasons within our control by:

- 15 minutes or more on Tube and DLR services
- 30 minutes or more on London Overground or TfL Rail services.

We'll refund you the single fare for the journey you were delayed on. For further details please visit the TfL website.

 tfl.gov.uk/refunds

 **0343 222 1234***

* Service and network charges may apply. See tfl.gov.uk/terms for details

Key to symbols

-  Interchange stations
-  Step-free access from street to platform
-  Step-free access from street to train
-  National Rail
-  Airport

Liverpool Street to Shenfield

All services shown are operated by TfL Rail

Mondays to Fridays

Liverpool Street	0524	0540	0600	0610	0620	0630	0640	0650	0657	0700	0707	0710	0717	0720	0727	0730	0737	0740	0747	0750	0757	0800	0807
Stratford	0531	0547	0607	0617	0627	0637	0647	0657	0704	0707	0714	0717	0724	0727	0734	0737	0744	0747	0754	0757	0804	0807	0814
Maryland	0533	0549	0609	0619	0629	0639	0649	0659		0709		0719		0729		0739		0749		0759		0809	
Forest Gate	0535	0551	0611	0621	0631	0641	0651	0701		0711		0721		0731		0741		0751		0801		0811	
Manor Park	0537	0553	0613	0623	0633	0643	0653	0703		0713		0723		0733		0743		0753		0803		0813	
Ilford	0540	0556	0616	0626	0636	0646	0656	0706	0711	0716	0721	0726	0731	0736	0741	0746	0751	0756	0801	0806	0811	0816	0821
Seven Kings	0542	0558	0618	0628	0638	0648	0658	0708	0713	0718	0723	0728	0733	0738	0743	0748	0753	0758	0803	0808		0818	0823
Goodmayes	0544	0600	0620	0630	0640	0650	0700	0710	0715	0720	0725	0730	0735	0740	0745	0750	0755	0800	0805	0810		0820	0825
Chadwell Heath	0546	0602	0622	0632	0642	0652	0702	0712	0717	0722	0727	0732	0737	0742	0747	0752	0757	0802	0807	0812		0822	0827
Romford	0550	0606	0626	0636	0646	0656	0706	0716	0721	0726	0731	0736	0741	0746	0751	0756	0801	0806	0811	0816	0821	0826	0831
Gidea Park	0554	0610	0630	0640	0650	0700	0710	0720	0727	0730	0737	0740	0747	0750	0757	0800	0807	0810	0817	0820	0827	0830	0837
Harold Wood	0557	0613	0633	0643	0653	0703	0713	0723		0733		0743		0753		0803		0813		0823		0833	
Brentwood	0601	0617	0637	0647	0657	0707	0717	0727		0737		0747		0757		0807		0817		0827		0837	
Shenfield	0607	0623	0643	0653	0704	0713	0723	0733		0743		0753		0805		0813		0825		0833		0845	

Liverpool Street	0810	0817	0820	0827	0830	0837	0840	0850	0900	0910	0920	0930	0940	0950		1600	1608	1615	1622	1629	1636	1640	1647
Stratford	0817	0824	0827	0834	0837	0844	0847	0857	0907	0917	0927	0937	0947	0957		1607	1615	1622	1629	1636	1643	1647	1654
Maryland	0819		0829		0839		0849	0859	0909	0919	0929	0939	0949	0959	then	1609	1617	1624	1631	1638		1649	
Forest Gate	0821		0831		0841		0851	0901	0911	0921	0931	0941	0951	1001	at	1611	1619	1626	1633	1640		1651	
Manor Park	0823		0833		0843		0853	0903	0913	0923	0933	0943	0953	1003	the	1613	1621	1628	1635	1642		1653	
Ilford	0826	0831	0836	0841	0846	0851	0856	0906	0916	0926	0936	0946	0956	1006	same	1616	1624	1631	1638	1645	1650	1656	1700
Seven Kings	0828		0838	0843	0848		0858	0908	0918	0928	0938	0948	0958	1008	time	1618	1626	1634	1640	1648	1652		1702
Goodmayes	0830		0840	0845	0850		0900	0910	0920	0930	0940	0950	1000	1010	past	1620	1628	1636	1642	1650	1654		1704
Chadwell Heath	0832		0842	0847	0852		0902	0912	0922	0932	0942	0952	1002	1012	each	1622	1630	1638	1644	1652	1656	1700	1706
Romford	0836	0841	0846	0851	0856	0901	0906	0916	0926	0936	0946	0956	1006	1016	hour	1626	1634	1642	1648	1656	1700	1704	1710
Gidea Park	0840	0847	0850	0857	0900	0907	0910	0920	0930	0940	0950	1000	1010	1020	until	1630	1638	1647	1653	1701	1704	1710	1714
Harold Wood	0843		0853		0903		0913	0923	0933	0943	0953	1003	1013	1023		1633	1641		1656		1707		1717
Brentwood	0847		0857		0907		0917	0927	0937	0947	0957	1007	1017	1027		1637	1645		1700		1711		1721
Shenfield	0853		0905		0913		0923	0933	0943	0953	1003	1013	1023	1034		1645	1653		1709		1719		1729

Engineering Work

Trains after 2100

Monday to Thursday and at weekends services may be altered due to planned engineering works. Check before you travel.

Valid from Sunday 9 December 2018 until Saturday 18 May 2019

Liverpool Street to Shenfield

All services shown are operated by TfL Rail

Mondays to Fridays

Liverpool Street	1650	1657	1700	1707	1710	1717	1720	1727	1730	1736	1739	1742	1746	1749	1752	1756	1800	1804	1808	1812	1816	1820	1824
Stratford	1657	1704	1707	1714	1717	1724	1727	1734	1737	1743	1746	1749	1753	1756	1759	1803	1807	1811	1815	1819	1824	1827	1831
Maryland	1659		1709		1719		1729		1739	1745			1755			1805		1813		1821		1829	
Forest Gate	1701		1711		1721		1731		1741			1752			1802		1810		1818		1827		1834
Manor Park	1703		1713		1723		1733		1743		1750			1800		1808		1816		1824		1832	
Ilford	1706	1710	1716	1720	1726	1730	1736	1740	1746	1750	1753	1756	1800	1803	1806	1811	1814	1819	1822	1827	1831	1835	1838
Seven Kings		1712		1722		1732		1742		1752	1756	1759	1802	1806	1809	1814	1817	1822	1825	1830	1834	1838	1841
Goodmayes		1714		1724		1734		1744		1754	1758	1801	1804	1808	1811	1816	1819	1824	1827	1832	1836	1840	1843
Chadwell Heath	1710	1716	1720	1726	1730	1736	1740	1746	1750	1756	1800	1803	1806	1810	1813	1818	1821	1826	1829	1834	1838	1842	1845
Romford	1714	1720	1724	1730	1734	1740	1744	1750	1754	1800	1804	1807	1810	1814	1817	1822	1825	1830	1833	1838	1842	1846	1849
Gidea Park	1720	1724	1730	1734	1740	1744	1750	1754	1800	1804	1807	1813	1814	1817	1823	1825	1831	1833	1839	1841	1848	1849	1854
Harold Wood		1727		1737		1747		1757		1807	1810		1817	1820		1828		1836		1844		1852	
Brentwood		1731		1741		1751		1801		1811	1815		1821	1825		1833		1841		1849		1857	
Shenfield		1739		1749		1759		1809		1819	1823		1829	1833		1841		1849		1857		1905	

Liverpool Street	1828	1832	1837	1842	1847	1852	1857	1902	1908	1915	1922	1930	1938	1945	1952	2000	2010	2020	2030	2040	2050	2100	2110
Stratford	1835	1839	1844	1849	1854	1859	1904	1909	1915	1922	1929	1937	1945	1952	1959	2007	2017	2027	2037	2047	2057	2107	2117
Maryland	1837		1846		1856		1906		1917	1924	1931	1939	1947	1954	2001	2009	2019	2029	2039	2049	2059	2109	2119
Forest Gate		1842		1852		1902		1912	1919	1926	1933	1941	1949	1956	2003	2011	2021	2031	2041	2051	2101	2111	2121
Manor Park	1840		1849		1859		1909		1921	1928	1935	1943	1951	1958	2005	2013	2023	2033	2043	2053	2103	2113	2123
Ilford	1843	1846	1852	1856	1902	1906	1912	1916	1924	1931	1938	1946	1954	2001	2008	2016	2026	2036	2046	2056	2106	2116	2126
Seven Kings	1846	1849	1855	1859	1905	1909	1915	1919	1926	1933	1940	1948	1956	2003	2010	2018	2028	2038	2048	2058	2108	2118	2128
Goodmayes	1848	1851	1857	1901	1907	1911	1917	1921	1928	1935	1942	1950	1958	2005	2012	2020	2030	2040	2050	2100	2110	2120	2130
Chadwell Heath	1850	1853	1859	1903	1909	1913	1919	1923	1930	1937	1944	1952	2000	2007	2014	2022	2032	2042	2052	2102	2112	2122	2132
Romford	1854	1857	1903	1907	1913	1917	1923	1927	1934	1941	1948	1956	2004	2011	2018	2026	2036	2046	2056	2106	2116	2126	2136
Gidea Park	1857	1902	1906	1912	1916	1922	1926	1930	1938	1945	1953	2000	2008	2015	2022	2030	2040	2050	2100	2110	2120	2130	2140
Harold Wood	1900		1909		1919		1929	1933	1941	1948	1956	2003	2011		2025	2033	2043	2053	2103	2113	2123	2133	2143
Brentwood	1905		1914		1924		1934	1938	1945	1952	2000	2007	2015		2029	2037	2047	2057	2107	2117	2127	2137	2147
Shenfield	1913		1922		1932		1942	1945	1951	1958	2007	2013	2021		2035	2043	2053	2103	2113	2123	2133	2143	2153

Engineering Work

Trains after 2100

Monday to Thursday and at weekends services may be altered due to planned engineering works. Check before you travel.

Valid from Sunday 9 December 2018 until Saturday 18 May 2019

Mondays to Fridays

Liverpool Street	2120	2130	2140	2150	2200	2210	2220	2235	2250	2305	2320	2335	2350	0001	0020	0032	0055
Stratford	2127	2137	2147	2157	2207	2217	2227	2242	2257	2312	2327	2342	2357	0008	0027	0039	0102
Maryland	2129	2139	2149	2159	2209	2219	2229	2244	2259	2314	2329	2344	2359	0010	0029	0041	0104
Forest Gate	2131	2141	2151	2201	2211	2221	2231	2246	2301	2316	2331	2346	0001	0012	0031	0043	0106
Manor Park	2133	2143	2153	2203	2213	2223	2233	2248	2303	2318	2333	2348	0003	0014	0033	0045	0108
Ilford	2136	2146	2156	2206	2216	2226	2236	2251	2306	2321	2336	2351	0006	0017	0036	0048	0111
Seven Kings	2138	2148	2158	2208	2218	2228	2238	2253	2308	2323	2338	2353	0008	0019	0038	0050	0113
Goodmayes	2140	2150	2200	2210	2220	2230	2240	2255	2310	2325	2340	2355	0010	0021	0040	0052	0115
Chadwell Heath	2142	2152	2202	2212	2222	2232	2242	2257	2312	2327	2342	2357	0012	0023	0042	0054	0117
Romford	2146	2156	2206	2216	2226	2236	2246	2301	2316	2331	2346	0001	0016	0027	0046	0058	0121
Gidea Park	2150	2200	2210	2220	2230	2240	2250	2305	2320	2335	2350	0005	0020	0033	0050	0104	0125
Harold Wood	2153	2203	2213	2223	2233	2243	2253	2308	2323	2338	2353	0008	0023		0053		0128
Brentwood	2157	2207	2217	2227	2237	2247	2257	2312	2327	2342	2357	0012	0027		0057		0132
Shenfield	2203	2213	2223	2233	2243	2253	2303	2320	2335	2350	0005	0020	0035		0105		0140

Engineering Work

Trains after 2100

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Liverpool Street to Shenfield

All services shown are operated by TfL Rail

Saturdays

Liverpool Street	0520		0550	0610	0630	0645	0700	0710	0720	0730	0740	0750		2100	2110	2120	2135	2150	2205	2220	2235	2247	2305
Stratford	0527		0557	0617	0637	0652	0707	0717	0727	0737	0747	0757		2107	2117	2127	2142	2157	2212	2227	2242	2254	2312
Maryland	0529		0559	0619	0639	0654	0709	0719	0729	0739	0749	0759	then	2109	2119	2129	2144	2159	2214	2229	2244		2314
Forest Gate	0531		0601	0621	0641	0656	0711	0721	0731	0741	0751	0801	at	2111	2121	2131	2146	2201	2216	2231	2246	2257	2316
Manor Park	0533		0603	0623	0643	0658	0713	0723	0733	0743	0753	0803	the	2113	2123	2133	2148	2203	2218	2233	2248	2259	2318
Ilford	0536		0606	0626	0646	0701	0716	0726	0736	0746	0756	0806	same	2116	2126	2136	2151	2206	2221	2236	2251	2302	2321
Seven Kings	0538	0553	0608	0628	0648	0703	0718	0728	0738	0748	0758	0808	time	2118	2128	2138	2153	2208	2223	2238	2253	2304	2323
Goodmayes	0540	0555	0610	0630	0650	0705	0720	0730	0740	0750	0800	0810	past	2120	2130	2140	2155	2210	2225	2240	2255	2306	2325
Chadwell Heath	0542	0557	0612	0632	0652	0707	0722	0732	0742	0752	0802	0812	each	2122	2132	2142	2157	2212	2227	2242	2257	2308	2327
Romford	0546	0601	0616	0636	0656	0711	0726	0736	0746	0756	0806	0816	hour	2126	2136	2146	2201	2216	2231	2246	2301	2312	2331
Gidea Park	0550	0605	0620	0640	0700	0715	0730	0740	0750	0800	0810	0820	until	2130	2140	2150	2205	2220	2235	2250	2305	2316	2335
Harold Wood	0553	0608	0623	0643	0703	0718	0733	0743	0753	0803	0813	0823		2133	2143	2153	2208	2223	2238	2253	2308	2319	2338
Brentwood	0557	0612	0627	0647	0707	0722	0737	0747	0757	0807	0817	0827		2137	2147	2157	2212	2227	2242	2257	2312	2323	2342
Shenfield	0603	0618	0633	0653	0713	0728	0743	0753	0803	0813	0823	0833		2143	2153	2203	2218	2233	2248	2305	2320	2331	2350

Liverpool Street	2317	2335	2347	0001	0020	0035	0055
Stratford	2324	2342	2354	0008	0027	0042	0102
Maryland		2344		0010	0029	0044	0104
Forest Gate	2327	2346	2357	0012	0031	0046	0106
Manor Park	2329	2348	2359	0014	0033	0048	0108
Ilford	2332	2351	0002	0017	0036	0051	0111
Seven Kings	2334	2353	0004	0019	0038	0053	0113
Goodmayes	2336	2355	0006	0021	0040	0055	0115
Chadwell Heath	2338	2357	0008	0023	0042	0057	0117
Romford	2342	0001	0012	0027	0046	0101	0121
Gidea Park	2346	0005	0016	0033	0050	0107	0125
Harold Wood		0008			0053		0128
Brentwood		0012			0057		0132
Shenfield	2358	0020	0028		0105		0140

Engineering Work

Trains after 2100

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Valid from Sunday 9 December 2018 until Saturday 18 May 2019

Sundays

Liverpool Street	0635	0705	0735	0805	0817	0835	0847	0905	0917	0935	0947		2205	2217	2235	2305	2335	0005	0035	0055
Stratford	0642	0712	0742	0812	0824	0842	0854	0912	0924	0942	0954		2212	2224	2242	2312	2342	0012	0042	0102
Maryland	0644	0714	0744	0814		0844		0914		0944		then	2214		2244	2314	2344	0014	0044	0104
Forest Gate	0646	0716	0746	0816	0827	0846	0857	0916	0927	0946	0957	at	2216	2227	2246	2316	2346	0016	0046	0106
Manor Park	0648	0718	0748	0818	0829	0848	0859	0918	0929	0948	0959	the	2218	2229	2248	2318	2348	0018	0048	0108
Ilford	0651	0721	0751	0821	0832	0851	0902	0921	0932	0951	1002	same	2221	2232	2251	2321	2351	0021	0051	0111
Seven Kings	0653	0723	0753	0823	0834	0853	0904	0923	0934	0953	1004	time	2223	2234	2253	2323	2353	0023	0053	0113
Goodmayes	0655	0725	0755	0825	0836	0855	0906	0925	0936	0955	1006	past	2225	2236	2255	2325	2355	0025	0055	0115
Chadwell Heath	0657	0727	0757	0827	0838	0857	0908	0927	0938	0957	1008	each	2227	2238	2257	2327	2357	0027	0057	0117
Romford	0701	0731	0801	0831	0842	0901	0912	0931	0942	1001	1012	hour	2231	2242	2301	2331	0001	0031	0101	0121
Gidea Park	0705	0735	0805	0835	0848	0905	0918	0935	0948	1005	1018	until	2235	2248	2305	2335	0005	0037	0107	0125
Harold Wood	0708	0738	0808	0838		0908		0938		1008			2238		2308	2338	0008			0128
Brentwood	0712	0742	0812	0842		0912		0942		1012			2242		2312	2342	0012			0132
Shenfield	0720	0750	0820	0850		0920		0950		1020			2250		2320	2350	0020			0140

Engineering Work

Trains after 2100

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Shenfield to Liverpool Street

All services shown are operated by TfL Rail

Mondays to Fridays

Shenfield	0444		0512	0529		0544		0559		0614	0624		0634		0644		0654		0701		0710		0719
Brentwood	0447		0515	0532		0547		0602		0617	0627		0637		0647		0657		0704		0713		0722
Harold Wood	0452		0520	0537		0552		0607		0622	0632		0642		0652		0702		0709		0718		0727
Gidea Park	0456	0511	0524	0541	0549	0556	0604	0611	0619	0626	0635	0639	0645	0649	0655	0659	0705	0709	0713	0718	0722	0727	0731
Romford	0458	0513	0526	0543	0551	0558	0606	0613	0621	0628	0638	0641	0648	0651	0658	0701	0708	0711	0716	0720	0725	0729	0734
Chadwell Heath	0502	0517	0530	0547	0555	0602	0610	0617	0625	0632	0642	0645	0652	0655	0702	0705	0712	0715	0720	0724	0729	0733	0738
Goodmayes	0504	0519	0532	0549	0557	0604	0612	0619	0627	0634	0644	0647		0657		0707		0717	0722	0726	0731	0735	0740
Seven Kings	0506	0521	0534	0551	0559	0606	0614	0621	0629	0636	0646	0649		0659		0709		0719	0724	0728	0733	0737	0742
Ilford	0509	0524	0537	0554	0603	0609	0617	0626	0632	0639	0649	0652	0657	0702	0707	0712	0717	0722	0727	0731	0736	0740	0745
Manor Park	0512	0527	0540	0557	0605	0612	0620	0630	0635	0642		0655		0705		0715		0725		0734		0743	
Forest Gate	0514	0529	0542	0559	0608	0614	0622	0632	0637	0644		0657		0707		0717		0727	0731		0740		0749
Maryland	0516	0531	0544	0601	0610	0616	0624	0634	0639	0646		0659		0709		0719		0729		0737		0746	
Stratford	0519	0534	0547	0604	0612	0619	0627	0637	0642	0649	0655	0702	0705	0712	0715	0722	0725	0732	0735	0739	0743	0748	0752
Liverpool Street	0527	0543	0555	0612	0620	0627	0635	0645	0650	0657	0705	0712	0715	0722	0725	0733	0736	0742	0745	0749	0753	0758	0802

Shenfield		0728		0737	0742		0749		0756		0802		0812		0822		0832		0842		0852		0902
Brentwood		0731		0740	0745		0752		0759		0805		0815		0825		0835		0845		0855		0905
Harold Wood		0736		0745	0750		0757		0804		0810		0820		0830		0840		0850		0900		0910
Gidea Park	0736	0740	0745	0749	0754	0758	0801	0805	0808	0812	0815	0819	0824	0829	0833	0837	0844	0849	0853	0857	0904	0909	0913
Romford	0738	0743	0747	0752	0756	0800	0803	0807	0810	0814	0817	0821	0826	0831	0836	0839	0846	0851	0856	0859	0906	0911	0916
Chadwell Heath	0742	0747	0751	0756	0800	0804	0807	0811	0814	0818	0821	0825	0830	0835	0840	0843	0850	0855	0900	0903	0910	0915	0920
Goodmayes	0744	0749	0753	0758	0802	0806	0809	0813	0816	0820	0823	0827	0832		0842	0845	0852		0902	0905	0912		0922
Seven Kings	0746	0751	0755	0800	0804	0808	0811	0815	0818	0822	0825	0829	0834		0844	0847	0854		0904	0907	0914		0924
Ilford	0749	0754	0758	0803	0807	0811	0814	0818	0821	0825	0828	0832	0837	0840	0847	0850	0857	0900	0907	0910	0917	0920	0927
Manor Park	0752		0801		0810		0817			0828			0840	0843		0853		0903		0913		0923	
Forest Gate		0758		0807		0815			0825			0836		0845		0855		0905		0915		0925	
Maryland	0755		0804		0813			0823			0833			0847		0857		0907		0917		0927	
Stratford	0757	0801	0806	0810	0815	0819	0822	0825	0829	0832	0836	0840	0844	0850	0853	0900	0903	0910	0913	0920	0923	0930	0933
Liverpool Street	0808	0811	0817	0821	0826	0830	0833	0837	0841	0844	0847	0851	0855	0901	0905	0911	0915	0921	0925	0931	0935	0941	0945

Engineering Work

Trains after 2100

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Valid from Sunday 9 December 2018 until Saturday 18 May 2019

Shenfield to Liverpool Street

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Mondays to Fridays

Shenfield		0914	0924	0934	0944	0954	1004	1014	1024	1034	1044	1054		1604	1614	1624	1634	1644		1654		1704	
Brentwood		0917	0927	0937	0947	0957	1007	1017	1027	1037	1047	1057		1607	1617	1627	1637	1647		1657		1707	
Harold Wood		0922	0932	0942	0952	1002	1012	1022	1032	1042	1052	1102	then	1612	1622	1632	1642	1652		1702		1712	
Gidea Park	0917	0926	0936	0946	0956	1006	1016	1026	1036	1046	1056	1106	at	1616	1626	1636	1646	1656	1702	1706	1712	1716	1722
Romford	0919	0928	0938	0948	0958	1008	1018	1028	1038	1048	1058	1108	the	1618	1628	1638	1648	1658	1704	1708	1714	1718	1724
Chadwell Heath	0923	0932	0942	0952	1002	1012	1022	1032	1042	1052	1102	1112	same	1622	1632	1642	1652	1702		1712		1722	
Goodmayes	0925	0934	0944	0954	1004	1014	1024	1034	1044	1054	1104	1114	time	1624	1634	1644	1654	1704		1714		1724	
Seven Kings	0927	0936	0946	0956	1006	1016	1026	1036	1046	1056	1106	1116	past	1626	1636	1646	1656	1706		1716		1726	
Ilford	0930	0939	0949	0959	1009	1019	1029	1039	1049	1059	1109	1119	each	1629	1639	1649	1659	1709	1712	1719	1722	1729	1732
Manor Park	0933	0942	0952	1002	1012	1022	1032	1042	1052	1102	1112	1122	hour	1632	1642	1652	1702	1712	1715		1725		1735
Forest Gate	0935	0944	0954	1004	1014	1024	1034	1044	1054	1104	1114	1124	until	1634	1644	1654	1704	1714	1717		1727		1737
Maryland	0937	0946	0956	1006	1016	1026	1036	1046	1056	1106	1116	1126		1636	1646	1656	1706	1716	1719		1729		1739
Stratford	0940	0949	0959	1009	1019	1029	1039	1049	1059	1109	1119	1129		1639	1649	1659	1709	1719	1722	1727	1732	1737	1742
Liverpool Street	0951	0959	1007	1017	1027	1037	1047	1059	1109	1119	1129	1139		1647	1657	1707	1717	1727	1730	1735	1740	1745	1750

Shenfield	1714		1724		1734		1744		1754		1804		1814		1824		1834	1844	1854	1904	1914	1924	1934
Brentwood	1717		1727		1737		1747		1757		1807		1817		1827		1837	1847	1857	1907	1917	1927	1937
Harold Wood	1722		1732		1742		1752		1802		1812		1822		1832		1842	1852	1902	1912	1922	1932	1942
Gidea Park	1726	1732	1737	1742	1746	1752	1756	1802	1806	1812	1816	1822	1826	1832	1836	1842	1846	1856	1906	1916	1926	1936	1946
Romford	1728	1734	1739	1744	1748	1754	1758	1804	1808	1814	1818	1824	1828	1834	1838	1844	1848	1858	1908	1918	1928	1938	1948
Chadwell Heath	1732		1743		1752		1802		1812		1822		1832		1842		1852	1902	1912	1922	1932	1942	1952
Goodmayes	1734		1745		1754		1804		1814		1824		1834		1844		1854	1904	1914	1924	1934	1944	1954
Seven Kings	1736		1747		1756		1806		1816		1826		1836		1846		1856	1906	1916	1926	1936	1946	1956
Ilford	1739	1742	1750	1752	1759	1802	1809	1812	1819	1822	1829	1832	1839	1842	1849	1852	1859	1909	1919	1929	1939	1949	1959
Manor Park		1745		1755		1805		1815		1825		1835		1845		1855	1902	1912	1922	1932	1942	1952	2002
Forest Gate		1747		1757		1807		1817		1827		1837		1847		1857	1904	1914	1924	1934	1944	1954	2004
Maryland		1749		1759		1809		1819		1829		1839		1849		1859	1906	1916	1926	1936	1946	1956	2006
Stratford	1745	1752	1757	1802	1806	1812	1816	1822	1825	1832	1835	1842	1845	1852	1855	1902	1909	1919	1929	1939	1949	1959	2009
Liverpool Street	1753	1800	1805	1811	1815	1821	1824	1830	1833	1840	1843	1850	1853	1900	1905	1910	1918	1927	1937	1947	1957	2007	2017

Engineering Work

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Valid from Sunday 9 December 2018 until Saturday 18 May 2019

Mondays to Fridays

Shenfield	1944	1954	2004	2014	2024	2034	2044	2054	2104	2114	2124	2134	2144	2159	2214	2229	2244	2259	2314	2329	2344
Brentwood	1947	1957	2007	2017	2027	2037	2047	2057	2107	2117	2127	2137	2147	2202	2217	2232	2247	2302	2317	2332	2347
Harold Wood	1952	2002	2012	2022	2032	2042	2052	2102	2112	2122	2132	2142	2152	2207	2222	2237	2252	2307	2322	2337	2352
Gidea Park	1956	2006	2016	2026	2036	2046	2056	2106	2116	2126	2136	2146	2156	2211	2226	2241	2256	2311	2326	2341	2356
Romford	1958	2008	2018	2028	2038	2048	2058	2108	2118	2128	2138	2148	2158	2213	2228	2243	2258	2313	2328	2343	2358
Chadwell Heath	2002	2012	2022	2032	2042	2052	2102	2112	2122	2132	2142	2152	2202	2217	2232	2247	2302	2317	2332	2347	0002
Goodmayes	2004	2014	2024	2034	2044	2054	2104	2114	2124	2134	2144	2154	2204	2219	2234	2249	2304	2319	2334	2349	0004
Seven Kings	2006	2016	2026	2036	2046	2056	2106	2116	2126	2136	2146	2156	2206	2221	2236	2251	2306	2321	2336	2351	0006
Ilford	2009	2019	2029	2039	2049	2059	2109	2119	2129	2139	2149	2159	2209	2224	2239	2254	2309	2324	2339	2354	0009
Manor Park	2012	2022	2032	2042	2052	2102	2112	2122	2132	2142	2152	2202	2212	2227	2242	2257	2312	2327	2342	2357	0012
Forest Gate	2014	2024	2034	2044	2055	2104	2114	2124	2134	2144	2154	2204	2214	2230	2244	2259	2314	2331	2344	2359	0014
Maryland	2016	2026	2036	2046	2057	2106	2116	2126	2136	2146	2156	2206	2216	2232	2246	2301	2316	2333	2346	0001	0016
Stratford	2019	2029	2039	2049	2059	2109	2119	2129	2139	2149	2159	2209	2219	2235	2249	2304	2319	2335	2349	0004	0019
Liverpool Street	2027	2037	2047	2057	2107	2117	2127	2137	2147	2157	2207	2217	2227	2243	2257	2312	2327	2346	0001	0015	0030

Engineering Work

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Shenfield to Liverpool Street

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Saturdays

Shenfield	0444	0514	0529	0544	0559	0614	0624	0634	0644	0654	0704	0714	0724	0734	0744	0754	then at the same time past each hour until	2004	2014	2024	2034	2044	2059
Brentwood	0447	0517	0532	0547	0602	0617	0627	0637	0647	0657	0707	0717	0727	0737	0747	0757		2007	2017	2027	2037	2047	2102
Harold Wood	0452	0522	0537	0552	0607	0622	0632	0642	0652	0702	0712	0722	0732	0742	0752	0802		2012	2022	2032	2042	2052	2107
Gidea Park	0456	0526	0541	0556	0611	0626	0636	0646	0656	0706	0716	0726	0736	0746	0756	0806		2016	2026	2036	2046	2056	2111
Romford	0458	0528	0543	0558	0613	0628	0638	0648	0658	0708	0718	0728	0738	0748	0758	0808		2018	2028	2038	2048	2058	2113
Chadwell Heath	0502	0532	0547	0602	0617	0632	0642	0652	0702	0712	0722	0732	0742	0752	0802	0812		2022	2032	2042	2052	2102	2117
Goodmayes	0504	0534	0549	0604	0619	0634	0644	0654	0704	0714	0724	0734	0744	0754	0804	0814		2024	2034	2044	2054	2104	2119
Seven Kings	0506	0536	0551	0606	0621	0636	0646	0656	0706	0716	0726	0736	0746	0756	0806	0816		2026	2036	2046	2056	2106	2121
Ilford	0509	0539	0554	0609	0624	0639	0649	0659	0709	0719	0729	0739	0749	0759	0809	0819		2029	2039	2049	2059	2109	2124
Manor Park	0512	0542	0557	0612	0627	0642	0652	0702	0712	0722	0732	0742	0752	0802	0812	0822		2032	2042	2052	2102	2112	2127
Forest Gate	0514	0544	0559	0614	0629	0644	0654	0704	0714	0724	0734	0744	0754	0804	0814	0824		2034	2044	2054	2104	2114	2129
Maryland	0516	0546	0601	0616	0631	0646	0656	0706	0716	0726	0736	0746	0756	0806	0816	0826		2036	2046	2056	2106	2116	2131
Stratford	0519	0549	0604	0619	0634	0649	0659	0709	0719	0729	0739	0749	0759	0809	0819	0829		2039	2049	2059	2109	2119	2134
Liverpool Street	0527	0557	0613	0627	0642	0657	0707	0717	0727	0737	0747	0757	0807	0817	0827	0837		2047	2057	2107	2117	2127	2142

Shenfield	2114	2129	2144	2159	2214	2229	2241	2256	2311	2326	2344
Brentwood	2117	2132	2147	2202	2217	2232	2244	2259	2314	2329	2347
Harold Wood	2122	2137	2152	2207	2222	2237	2249	2304	2319	2334	2352
Gidea Park	2126	2141	2156	2211	2226	2241	2253	2308	2323	2338	2356
Romford	2128	2143	2158	2213	2228	2243	2255	2310	2325	2340	2358
Chadwell Heath	2132	2147	2202	2217	2232	2247	2259	2314	2329	2344	0002
Goodmayes	2134	2149	2204	2219	2234	2249	2301	2316	2331	2346	0004
Seven Kings	2136	2151	2206	2221	2236	2251	2303	2318	2333	2348	0006
Ilford	2139	2154	2209	2224	2239	2254	2306	2321	2336	2351	0009
Manor Park	2142	2157	2212	2227	2242	2257	2308	2323	2338	2353	0012
Forest Gate	2144	2159	2214	2229	2244	2259	2311	2326	2341	2356	0014
Maryland	2146	2201	2216	2231	2246	2301	2313	2328	2343	2358	0016
Stratford	2149	2204	2219	2234	2249	2304	2315	2330	2345	2359	0019
Liverpool Street	2157	2212	2227	2242	2257	2312	2327	2342	2357	0012	0030

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Sundays

Shenfield			0643		0713		0743		0813		0843		0913		0943			2013		2043		2113	2143
Brentwood			0646		0716		0746		0816		0846		0916		0946			2016		2046		2116	2146
Harold Wood			0651		0721		0751		0821		0851		0921		0951	then		2021		2051		2121	2151
Gidea Park	0555	0625	0655	0711	0725	0741	0755	0811	0825	0841	0855	0911	0925	0941	0955	at	2011	2025	2041	2055	2111	2125	2155
Romford	0557	0627	0657	0713	0727	0743	0757	0813	0827	0843	0857	0913	0927	0943	0957	the	2013	2027	2043	2057	2113	2127	2157
Chadwell Heath	0601	0631	0701	0717	0731	0747	0801	0817	0831	0847	0901	0917	0931	0947	1001	same	2017	2031	2047	2101	2117	2131	2201
Goodmayes	0603	0633	0703	0719	0733	0749	0803	0819	0833	0849	0903	0919	0933	0949	1003	time	2019	2033	2049	2103	2119	2133	2203
Seven Kings	0605	0635	0705	0721	0735	0751	0805	0821	0835	0851	0905	0921	0935	0951	1005	past	2021	2035	2051	2105	2121	2135	2205
Ilford	0608	0638	0708	0724	0738	0754	0808	0824	0838	0854	0908	0924	0938	0954	1008	each	2024	2038	2054	2108	2124	2138	2208
Manor Park	0610	0640	0710	0726	0740	0756	0810	0826	0840	0856	0910	0926	0940	0956	1010	hour	2026	2040	2056	2110	2126	2140	2210
Forest Gate	0613	0643	0713	0729	0743	0759	0813	0829	0843	0859	0913	0929	0943	0959	1013	until	2029	2043	2059	2113	2129	2143	2213
Maryland	0615	0645	0715		0745		0815		0845		0915		0945		1015		2045		2115		2145	2215	
Stratford	0617	0647	0717	0732	0747	0802	0817	0832	0847	0902	0917	0932	0947	1002	1017		2032	2047	2102	2117	2132	2147	2217
Liverpool Street	0628	0658	0728	0743	0758	0813	0828	0843	0858	0913	0928	0943	0958	1013	1028		2043	2058	2113	2128	2143	2158	2228

Shenfield	2213	2243	2313	2343
Brentwood	2216	2246	2316	2346
Harold Wood	2221	2251	2321	2351
Gidea Park	2225	2255	2325	2355
Romford	2227	2257	2327	2357
Chadwell Heath	2231	2301	2331	0001
Goodmayes	2233	2303	2333	0003
Seven Kings	2235	2305	2335	0005
Ilford	2238	2308	2338	0008
Manor Park	2240	2310	2340	0010
Forest Gate	2243	2313	2343	0013
Maryland	2245	2315	2345	0015
Stratford	2247	2317	2347	0017
Liverpool Street	2258	2328	2358	0028

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