





# Buses from Chingford Green and Friday Hill

## Key

-  Connections with London Underground
-  Connections with National Rail
-  Daily, except evenings

 Red discs show the bus stop you need for your chosen bus service. The disc **A** appears on the top of the bus stop in the street (see map of town centre in centre of diagram).



**Hail & Ride** Route 397 operates as Hail & Ride on the section of roads marked **H&R** on the map.

Buses stop at any safe point along the road. There are no bus stops at these locations but please indicate clearly to the driver when you wish to board or alight.

The yellow tinted area includes every bus stop up to one-and-a-half miles from Chingford Green and Friday Hill. Main stops are shown in the white area outside.

## Route finder

### Day buses

Bus route	Towards	Bus stops
<b>179</b>	Chingford	GM GN GP GO GS
	Ilford	GA GB GC GE GH
<b>212</b>	Chingford	GO GS HK
	Walthamstow	GA GV HL
<b>397</b>	Crooked Billet 	GA GM GV <b>H&amp;R1</b>
	Debden 	GH GO GS <b>H&amp;R2</b>
<b>444</b>	Chingford	GS GT
	Turnpike Lane	GA HD

