



Folded cycles can be taken on any train at any time

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Cycles on the Underground and DLR

On weekdays non-folding cycles cannot be taken on any train 07:30 - 09:30 or 16:00 - 19:00, except public holidays. Outside of these times and on weekends, non-folding bikes can only be taken on sections of lines highlighted on the map.

Cycles on London Overground

- Non-folding cycles may be taken, but not 07:30 - 09:30 or 16:00 - 19:00 on weekdays, except public holidays, apart from:
 - 07:30 - 09:30 on trains leaving Liverpool Street
 - 16:00 - 19:00 on trains arriving at Liverpool Street

Cycles on Elizabeth line

- Non-folding cycles cannot be taken Monday - Friday between 07:30 - 09:30 and 16:00 - 19:00, except:
 - On westbound trains which leave Paddington between 07:30 - 09:30
 - On eastbound trains which arrive at Paddington between 16:00 - 19:00
 - On eastbound trains towards Shenfield which leave Liverpool Street between 07:30 - 09:30
 - On westbound trains which arrive at Liverpool Street from Shenfield between 16:00 - 19:00