



**Folded cycles can be taken on any train at any time**

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**Cycles on the Underground and DLR**

On weekdays non-folded cycles cannot be taken on any train 07:30 - 09:30 or 16:00 - 19:00, except public holidays.

**Cycles on London Overground**

- Non-folded cycles may be taken, but not 07:30 - 09:30 or 16:00 - 19:00 on weekdays, except public holidays, apart from:
  - 07:30 - 09:30 on trains leaving Liverpool Street
  - 16:00 - 19:00 on trains arriving at Liverpool Street

**Cycles on TfL Rail**

- Non-folded cycles cannot be taken Monday-Friday, except public holidays, between:
  - 07:45 - 09:45 on trains arriving at Paddington
  - 16:30 - 19:00 on trains leaving Paddington
  - 07:30 - 09:30 on trains arriving at Stratford or Liverpool Street
  - 16:00 - 19:00 on trains leaving Stratford or Liverpool Street