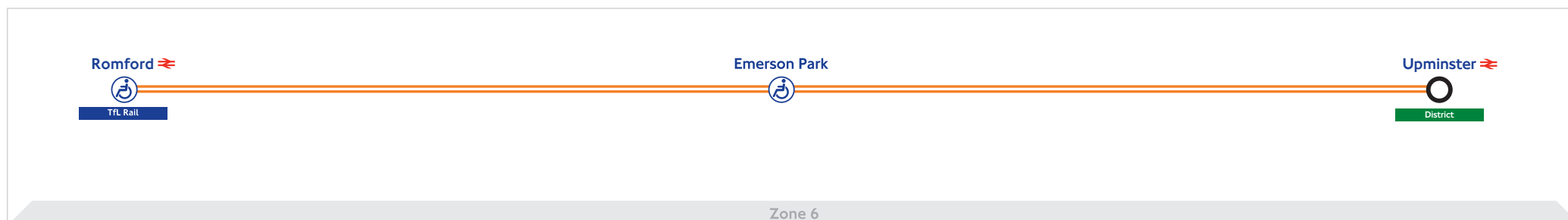


# Romford to Upminster route



## Key to symbols

- Interchange stations
- Step-free access from street to platform
- National Rail

## Engineering work and public holidays

To carry out improvements and maintenance, some parts of the network are closed at weekends. For more information, including alternative travel arrangements, please check your travel at [tfl.gov.uk](https://tfl.gov.uk) or see posters at stations.

On most public holidays an amended timetable runs, based on a Saturday frequency.

## Bicycles on London Overground services on this route

Compact folded bicycles can be carried on our trains at any time.

### Non-folded bicycles:

- Cannot be carried on our trains 07:30-09:30 or 16:00-19:00 on weekdays (restrictions do not apply on public holidays)
- Cannot be carried anytime on buses that replace trains due to engineering work

## Service delay refunds

If you've been delayed on a London Overground journey, you may be able to claim for a service refund delay.

### When we refund for service delays:

If your journey was delayed for reasons within our control by:

- 15 minutes or more on London Underground or DLR services
- 30 minutes or more on London Overground or TfL Rail services

We'll refund you the single fare for your journey you were delayed on. For further details please visit the TfL website.

## Eastbound towards Upminster

### Mondays to Saturdays

Romford	0611	0641	then at the same time past each hour until	2141
Emerson Park	0616	0646		2146
Upminster	0620	0650		2150

### Sundays

Romford	0841	0911	then at the same time past each hour until	1941
Emerson Park	0846	0916		1946
Upminster	0850	0920		1950

## Westbound towards Romford

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### Mondays to Saturdays

Upminster	0625	0655	then at the same time past each hour until	2155
Emerson Park	0629	0659		2159
Romford	0634	0704		2204

### Sundays

Upminster	0855	0925	then at the same time past each hour until	1955
Emerson Park	0859	0929		1959
Romford	0904	0934		2004